



# **PATIENT KNOWLEDGE TEST**

**UNDERSTANDING THE IMPORTANCE  
OF PREVENTING PREGNANCY**

**TARO-Acitretin**

PREGNANCY PREVENTION PROGRAM





# TARO-Acitretin

This test has been developed to assess your understanding of the risks associated with taking Taro-Acitretin capsules and how to minimize them. Be sure you have completely read the "General Medication Guide for Patients" and the "Preventing Pregnancy and Precautions Guide for Patients" before completing this test and that you have discussed the risks of Taro-Acitretin with your doctor. If you answer all of the questions correctly, you may feel more prepared to sign the "Informed Consent Form for Patients."

**Please circle the best answer for each of the following questions:**

- 1. Which of the following may be the result of taking Taro-Acitretin while pregnant?**
  - a. The drug will not work as well.
  - b. The drug is likely to increase hair growth.
  - c. The drug may cause severe birth defects.
  - d. The drug is likely to reduce cholesterol levels.
  
- 2. You must not be pregnant when starting to take Taro-Acitretin. Which of the following is the best way to ensure this?**
  - a. Use any type of birth control pill beginning at least one month before starting Taro-Acitretin.
  - b. Have two pregnancy tests done at a licensed laboratory. Both must be negative, with the last test being done not more than three days before starting Taro-Acitretin.
  - c. Do not have sexual intercourse with your partner for the month prior to starting Taro-Acitretin.
  - d. Ensure your partner wears a condom each time you have sexual intercourse for the month prior to starting Taro-Acitretin.
  
- 3. When should you start taking two effective forms of birth control if using Taro-Acitretin?**
  - a. At least one month before I start taking Taro-Acitretin
  - b. The month that I start taking Taro-Acitretin
  - c. The first month that I have sexual intercourse after starting Taro-Acitretin
  - d. During the first few days of the menstrual cycle, the month after starting Taro-Acitretin
  
- 4. How long should two effective forms of birth control be continued while using Taro-Acitretin?**
  - a. Until Taro-Acitretin is no longer being taken
  - b. Until Taro-Acitretin is no longer being taken, but then one form of birth control should be taken for another two years
  - c. For one year after the last dose of Taro-Acitretin has been taken
  - d. For at least three years after the last dose of Taro-Acitretin has been taken



# TARO-Acitretin

**5. Which of the following is NOT a good choice for one of the two effective forms of birth control to be used while taking Taro-Acitretin?**

- a. Low-dose progesterone pills (mini-pills)
- b. Birth control patch
- c. Intrauterine device
- d. Tubal ligation

**6. Which of the following precautions about use of Taro-Acitretin is TRUE?**

- a. Drinking alcohol at the same time as taking Taro-Acitretin can cause Taro-Acitretin to change into another harmful chemical that remains in the body for a long time.
- b. Taro-Acitretin may increase the sensitivity of the skin to excessive sunlight.
- c. Anyone taking Taro-Acitretin should not give blood for at least three years after the last dose has been taken.
- d. All of the above are TRUE.

**7. True or False?    True    False    (Circle one)**

You may need to have blood tests done while you are taking Taro-Acitretin to determine if the dose you are receiving is the best for you.

**8. True or False?    True    False    (Circle one)**

You can stop having pregnancy tests done right after you have finished taking Taro-Acitretin, unless you feel you have had unprotected sex.



# TARO-Acitretin

## ANSWERS

### 1. Answer c is correct.

Taro-Acitretin may cause severe birth defects if a woman takes the drug four weeks before or during pregnancy or if she becomes pregnant within three years after stopping the drug. Answer b is incorrect because the drug may cause hair loss (not hair growth) and answer d is incorrect because the drug may increase cholesterol levels (not decrease them).

### 2. Answer b is correct.

The best way to ensure that you are not pregnant is to have two pregnancy tests done at a licensed laboratory. Both tests must be negative, with the last test conducted not more than three days before starting Taro-Acitretin.

### 3. Answer a is correct.

You must start using two effective forms of birth control at least one month before starting to take Taro-Acitretin. As discussed in question 2, you must also have two negative pregnancy test results before starting Taro-Acitretin.

### 4. Answer d is correct.

Because Taro-Acitretin can stay in the body for such a long time, two effective forms of birth control should be used for at least three years after the last dose of the drug has been taken.

### 5. Answer a is correct.

Low-dose progesterone pills (mini-pills) are not a reliable method of birth control to be used while taking Taro-Acitretin. The other three options (i.e., answers b, c, and d) are all effective primary options for effective birth control.

### 6. Answer d is correct.

All of answers a, b, and c are correct. Anyone taking Taro-Acitretin should not drink alcohol, should take extra precaution when exposed to sunlight, and should not give blood for at least three years after the last dose of Taro-Acitretin has been taken.

### 7. Answer is True

Blood tests may be required when you are taking Taro-Acitretin to ensure that the dose you are taking is right for you. It is very important that you see your doctor regularly (e.g., monthly) and keep all scheduled doctor appointments.

### 8. Answer is False

You should continue to have regular pregnancy tests done at 28-day intervals until you have taken your last dose of Taro-Acitretin and then once every one to three months until at least three years after your last dose of Taro-Acitretin.

### HOW DID YOU DO?

If you answered all eight questions correctly – congratulations! If you answered any of the questions incorrectly, please read the “General Medication Guide for Patients” and “Preventing Pregnancy and Precautions Guide for Patients” through again and make sure you understand all of the information. If you have any questions or concerns, be sure to discuss them with your doctor before starting treatment with Taro-Acitretin. If you cannot meet all of the requirements of the Pregnancy Prevention Program, discuss alternative treatments with your doctor.